Greetings from PPC!

The past few months have been difficult and trying for all of us. However, it was necessary and responsible for PPC to be closed to in-person sessions as we were not able to provide the safety precautions necessary for our clients, our therapists, or our staff.

We are now carefully preparing for a gradual re-opening. Each therapist is making a personal decision about when they will begin seeing clients in person. Some therapists are starting May 19, and others will continue to offer remote sessions only. *Regardless of the therapist's availability for in-person sessions, clients will have the option to continue sessions remotely, if you are more comfortable with that*. What one therapist or one client is comfortable with, another may not be. The analogy that we are not all in the same boat but we are all in the same storm is very true. For information on the specific intentions of a particular therapist, please call the office.

All clients attending in person will be asked to sign a health information waiver stating that they are not sick, do not know anyone that has been sick, have not travelled, etc.

PPC is committed to following all relevant public health guidelines, including ensuring appropriate social distancing. With this in mind, the following guidelines will be implemented:

- Our waiting room will be unavailable. Clients will be asked to call 306-664-0000 when they arrive and will be advised when they should come to the door.
- Coffee/tea will not be available.
- Washrooms will be for emergency use only.
- Guests accompanying clients will not be able to wait inside.
- Therapists will be staggering their start times and sessions will be spaced further apart to allow office spaces to be cleaned between sessions.
- Contactless payment is available by E-transfer.
- Follow-up appointments can be scheduled online or by telephone.
- Clients will exit out the door closest to their therapist's office.
- Multi-person sessions will be coordinated, depending on space availability.

We hope that working within these guidelines will provide a safe environment for everyone who comes in our door so we can continue to keep Saskatchewan's curve flat!

Thank you for your patience and understanding. PPC (306) 664-0000 May 11, 2020